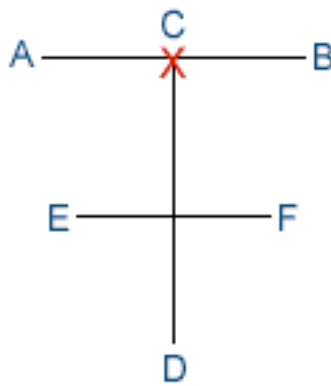




PATTERN MEANINGS BLACK BELT (1ST Dan)

Kwang-Gae

is named after the famous Kwang-Gae-Toh-Wang, the 19th King of the Koguryo Dynasty, who regained all the lost territories including the greater part of Manchuria. The diagram represents the expansion and recovery of lost territory. The 39 movements refer to the first two figures of 391 A. D., the year he came to the throne.

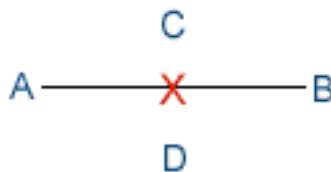


Movements – 39

Ready Posture – PARALLEL STANCE WITH A HEAVEN HAND

PO-EUN

is the pseudonym of a loyal subject Chong Mong-Chu (1400) who was a famous poet and whose poem "I would not serve a second master though I might be crucified a hundred times" is known to every Korean. He was also a pioneer in the field of physics. The diagram represents his unerring loyalty to the king and country towards the end of the Koryo Dynasty.



Movements – 36

Ready Posture – PARALLEL STANCE WITH A HEAVEN HAND

GE-BAEK

is named after Ge-Baek, a great general in the Baek Je Dynasty (660 AD). The diagram represents his severe and strict military discipline.



Movements – 44

Ready Posture – PARALLEL READY STANCE